

# Mechanics 1 – Revision notes

## 1. Kinematics in one and two dimensions

EQUATIONS FOR CONSTANT ACCELERATION ARE NOT GIVEN – Learn Them!

$$v = u + at$$

$$s = ut + \frac{1}{2}at^2$$

$$s = vt - \frac{1}{2}at^2$$

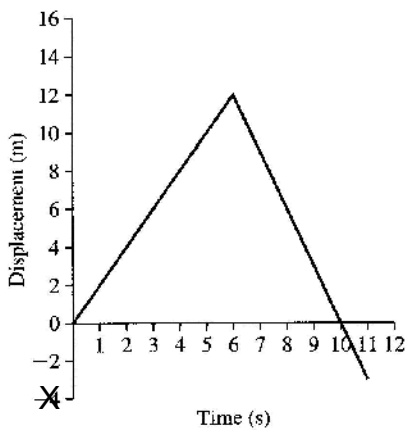
$$s = \frac{1}{2}(u + v)t$$

$$v^2 = u^2 + 2as$$

s : displacement (m)  
 u : initial velocity ( $\text{ms}^{-1}$ )  
 v : final velocity ( $\text{ms}^{-1}$ )  
 a : acceleration ( $\text{ms}^{-2}$ )  
 t : time (s)

- Always list the variables you have - write down the equation you intend to use.
- Sketch graphs – essential for multi-stage journeys
- Retardation / deceleration – don't forget the negative sign

### Distance/ Displacement – time graph



**GRADIENT = VELOCITY**

Straight line – constant velocity – zero acceleration

*Travels 12m from a point X, turns round and travels 15 m in the opposite direction finishing 3m behind X.*

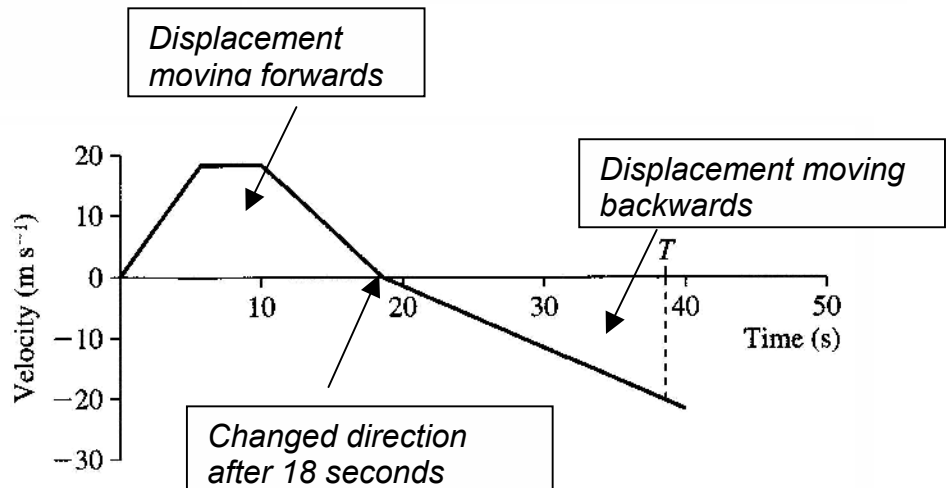
**MOST USEFUL GRAPH TO SKETCH**

### Velocity – Time graph

**GRADIENT = ACCELERATION**

Straight line – constant acceleration

**DISPLACEMENT** is represented by the area under the graph



## FREE FALL UNDER GRAVITY

### Assumptions

- the body is a point mass
- air resistance can be ignored
- the motion of a body is in a vertical line
- the acceleration due to gravity is constant

Acceleration due to gravity

$$9.8 \text{ ms}^{-2}$$

Unless given in the question

**EXAMPLE** : A ball is thrown vertically upwards from ground level with a velocity of  $28 \text{ ms}^{-1}$

a) What was its maximum height above the ground ?

$$u = 28 \text{ ms}^{-1}$$

$$a = -9.8 \text{ ms}^{-2}$$

$$v = 0 \text{ (top of balls flight)}$$

$$s = ?$$

$$v^2 = u^2 + 2as$$

$$0 = 28^2 + 2 \times (-9.8)s$$

$$s = 40 \text{ m}$$

b) How long did it take to return to the ground ?

$$u = 28 \text{ ms}^{-1}$$

$$a = -9.8 \text{ ms}^{-2}$$

$$s = 0$$

$$s = ut + \frac{1}{2}at^2$$

$$0 = 28t + \frac{1}{2}(-9.8) \times t^2$$

$$0 = t(28 - 4.9t)$$

$$t = 0 \text{ or } t = 5.71$$

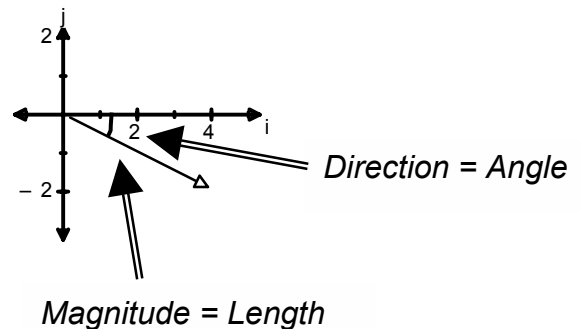
$t = 0$  : time at which ball thrown

Clearly identify  $t = 5.71\text{s}$  as the final answer

## VECTORS

- Vectors have both magnitude and direction

$$A = \begin{bmatrix} 4 \\ -2 \end{bmatrix} \quad \text{or} \quad A = 4i - 2j$$



$$\text{Magnitude : } |A| = \sqrt{2^2 + 4^2}$$

$$\sqrt{20}$$

- **SPEED** = magnitude of the velocity vector

$$\text{Direction : } \theta = \tan^{-1} \frac{2}{4}$$

$$= 26.6^\circ$$

$26.6^\circ$  to the horizontal (i) in a negative direction

- **DIRECTION OF TRAVEL** = direction of the velocity vector

If working in **bearings** – don't forget the 3 digits e.g. 025°

- **Unit Vector** : a vector with magnitude = 1

Vector equations – for constant acceleration the 5 equations involving, displacement, velocity etc can be used

- If asked to write an equation in terms of t for displacement/ velocity etc – simplify your equation as far as possible by **collecting the i terms and j terms**

e.g  $\mathbf{u} = 2\mathbf{i} + 5\mathbf{j}$      $\mathbf{a} = 4\mathbf{i} - 8\mathbf{j}$   
 Displacement  $\mathbf{r} = \mathbf{ut} + \frac{1}{2}\mathbf{at}^2$

$$\mathbf{R} = (2\mathbf{i} + 5\mathbf{j})t + \frac{1}{2}(4\mathbf{i} - 8\mathbf{j})t^2$$

$$= (2t + 2t^2)\mathbf{i} + (5t - 4t^2)\mathbf{j}$$

Example

Two particles A and B are moving in a plane with the following properties

A is at point (0,3), has velocity  $(2\mathbf{i} + \mathbf{j}) \text{ ms}^{-1}$  and acceleration  $(\mathbf{i} - 2\mathbf{j}) \text{ ms}^{-2}$

B is at point (2,1), has velocity  $(3\mathbf{i} - \mathbf{j}) \text{ ms}^{-1}$  and acceleration  $(2\mathbf{i}) \text{ ms}^{-2}$

Find the vector  $\vec{AB}$  six seconds later, and the distance between the particles at that time

Displacement : in vector form  $\mathbf{r}$  is used instead of s

Using

$$\mathbf{r} = \mathbf{ut} + \frac{1}{2}\mathbf{at}^2$$

For A :         $\mathbf{r} = (2\mathbf{i} + \mathbf{j}) \times 6 + \frac{1}{2}(\mathbf{i} - 2\mathbf{j}) \times 36$   
 $= 30\mathbf{i} - 30\mathbf{j}$

As A started at (0,3) six seconds later  $\vec{OA} = 30\mathbf{i} - 27\mathbf{j}$

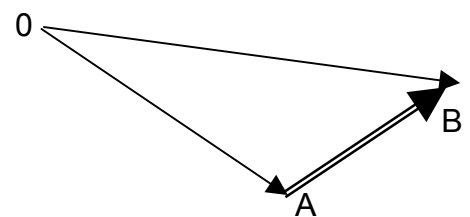
..... $\vec{OB} = 56\mathbf{i} - 5\mathbf{j}$

This gives  $\vec{AB} = \vec{OB} - \vec{OA} = 26\mathbf{i} + 22\mathbf{j}$

Distance AB = magnitude of  $\vec{AB}$

$$= \sqrt{26^2 + 22^2}$$

$$= 34.1 \text{ m}$$

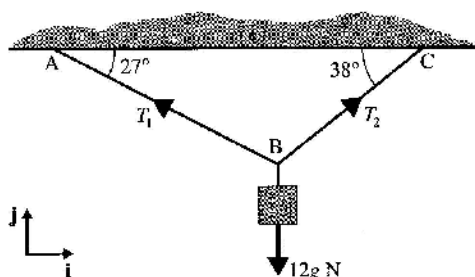


- Forces can be represented as vectors
- If forces are in **equilibrium** then the **resultant** (sum of vectors) = 0  
 All **i** components sum to zero and all **j** components sum to zero.  
 If drawn the forces will form a **closed polygon**

**3 forces in equilibrium**

The system is in equilibrium.

Find  $T_1$  and  $T_2$



Method 1 – Triangle of forces

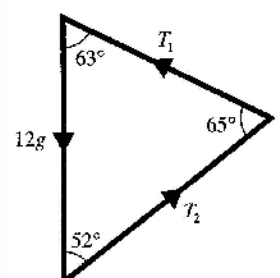
Sketching the 3 forces gives a triangle.

We can now use the sine rule to find  $T_1$  and  $T_2$ .

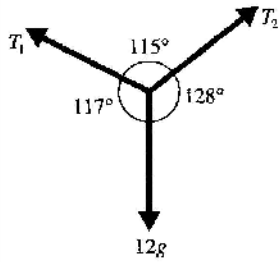
$$\frac{T_1}{\sin 52} = \frac{T_2}{\sin 63} = \frac{12g}{\sin 65}$$

$$T_1 = 102 \text{ N}$$

$$T_2 = 116 \text{ N}$$



**Method 2 – Lami’s theorem**



$$\frac{T_1}{\sin 128} = \frac{T_2}{\sin 117} = \frac{12g}{\sin 115}$$

$$T_1 = 102 \text{ N}$$

$$T_2 = 116 \text{ N}$$

For questions involving river crossings and current you may need to use the cosine rule as well as the sine rule to calculate missing lengths and angles

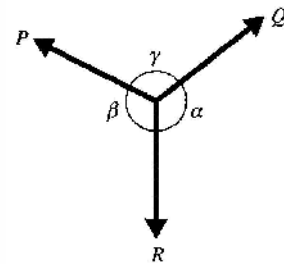
**Cosine Rule**

$$a^2 = b^2 + c^2 - 2bc \cos A$$

**LAMI’S THEOREM**

For any set of **three** forces P,Q and R in **equilibrium**

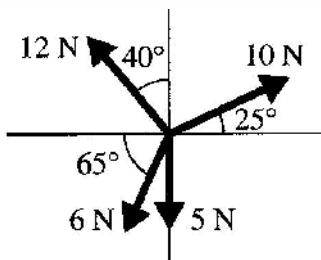
$$\frac{P}{\sin \alpha} = \frac{Q}{\sin \beta} = \frac{R}{\sin \gamma}$$



**More than 3 forces in Equilibrium – Resolve the forces**

Example

Find the resultant of the following system and state the force needed to maintain equilibrium.



*Horizontally*

$$\text{Resultant (i)} = -12\sin 40^\circ + 10\cos 25^\circ - 6 \cos 65^\circ$$

$$= -1.186$$

*Vertically*

$$\text{Resultant (j)} = 12\cos 40^\circ + 10\sin 25^\circ - 6\sin 65^\circ - 5$$

$$= 2.981$$

$$\text{Resultant} = -1.186i + 2.981j$$

Force needed to maintain equilibrium =  $1.186i - 2.981j$

Force of 3.21 N with direction  $-68.3^\circ$  to the positive x-direction

$$\sqrt{1.186^2 + 2.981^2}$$

$$\tan^{-1} \left( \frac{-2.981}{1.186} \right)$$

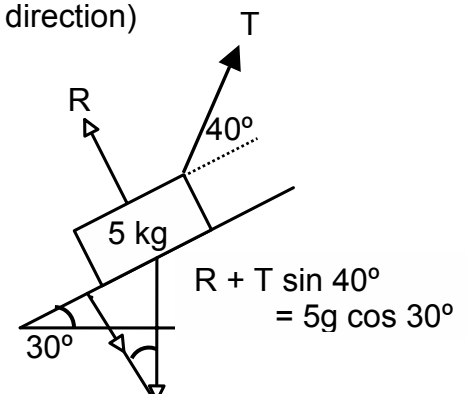
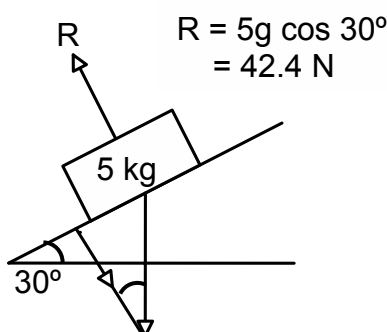
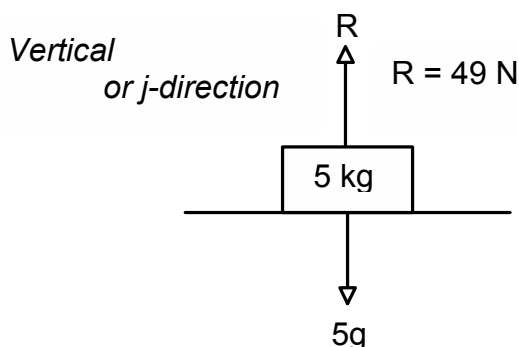
**TYPES OF FORCE**

- ALWAYS DRAW A DIAGRAM SHOWING ALL FORCES (with magnitude if known)

**Weight** : mass x 9.8 (gravity)

**Reaction** (normal reaction) : at right angles to the plane of contact

SYSTEMS in Equilibrium – resolving in the vertically (or in the j direction)

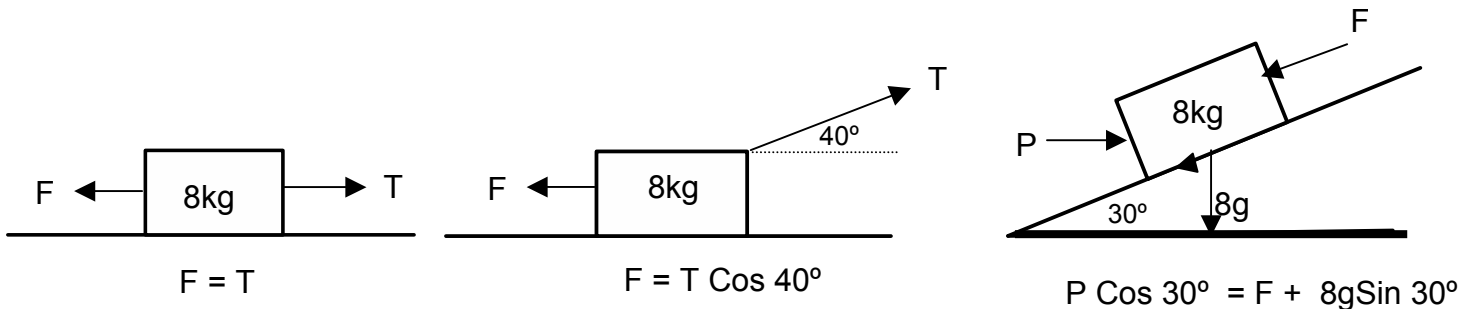


**Tension / Thrust** – pulling or pushing force on the body

**Friction**

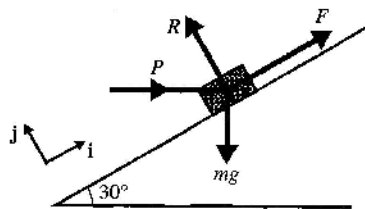
- **Always** – acts in a direction opposite to that in which the object is moving or tending to move
- **Smooth contact** – friction is small enough to be ignored
- **Maximum Friction (limiting friction)** - object is **moving** or just on the point of moving :  $F = \mu R$  where  $\mu$  is the coefficient of friction
- $F < \mu R$  body not moving

**IN EQUILIBRIUM** – resolving horizontally or in the i direction



- For questions looking for the **minimum and maximum force** needed to for a block on a slope to move look at :

A) **P is too small** – the block is about to slide down the slope (limiting friction)



**Resolving in the i direction**

$$F + P \cos 30 - mg \sin 30 = 0$$

**Resolving in the j direction**

$$R - P \sin 30 - mg \cos 30 = 0$$

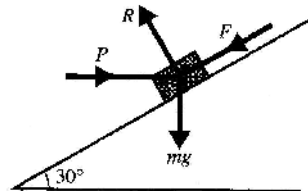
B) **P is too large** – the block is on the verge of sliding up the slope

**Resolving in the i direction**

$$P \cos 30 - F - mg \sin 30 = 0$$

**Resolving in the j direction**

$$R - P \sin 30 - mg \cos 30 = 0$$



Change in direction of friction

**NEWTON'S LAWS OF MOTION**

**1st Law** Every object remains **at rest** or moves with **constant velocity** unless an external force is applied

- Constant velocity - system is in **equilibrium**
  - net force (resultant force) = 0
  - in vector form – equate the i and j components to zero

**2nd Law**  $F = ma$  **Net Force** = mass x acceleration

- Always work out and state **Net force** clearly before equating to **ma**
- Check - if acceleration is positive – net force should also be positive

Example : A taut cable 25m long is fixed at  $35^\circ$  to the horizontal. A light rope ring is placed around the cable at the upper end. A soldier of mass 8 kg grabs the rope ring and slides down the cable.

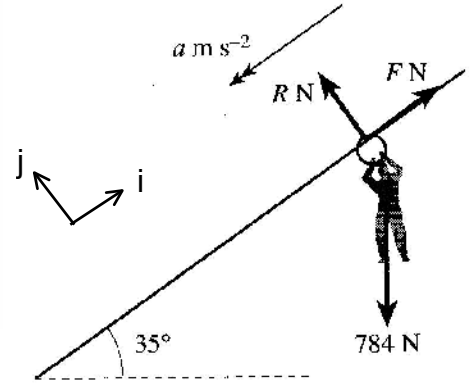
If the coefficient of friction between the ring and the cable is 0.4, how fast is the soldier moving when he reaches the bottom

i- direction :  $784 \cos 35 = R$   
 j – direction :  $784 \sin 35 - F = ma$

**Motion – friction is limiting so  $F = 0.4R$**

$784 \sin 35 - 0.4 \times 784 \cos 35 = 80a$

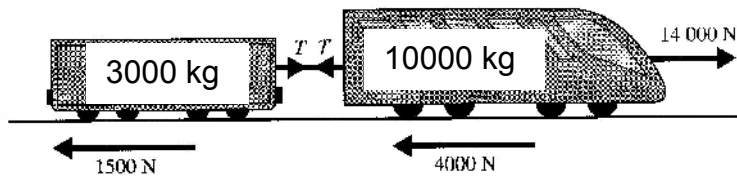
$a = 2.41 \text{ ms}^{-2}$        $v^2 = u^2 + 2as$   
 $u = 0$                        $v^2 = 0^2 + 2 \times 2.41 \times 25$   
 $s = 25$                        $v = 11.0 \text{ ms}^{-1}$



**3rd Law** For every action there is an equal and opposite reaction

Connected Particles

- **Trains and trailers**



Finding the acceleration ( $F=ma$ )

**Net Force** =  $14000 - 4000 - 1500$   
 =  $8500 \text{ N}$

$8500 = (3000+10000)a$   
 $a = 0.654 \text{ ms}^{-2}$

Finding the Tension in the coupling

- To keep it simple - use the body which has no direct force applied e.g. the trailer

**Net Force** =  $T - 1500$

$T - 1500 = 3000 \times 0.654$   
 $T = 3451.5 \text{ N}$

- **Stings and Pulleys**

*Always draw a diagram – if known show direction of acceleration*

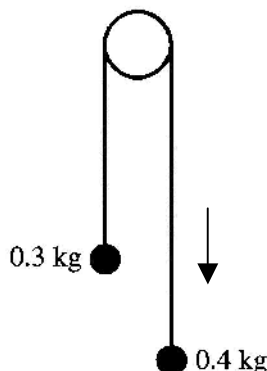
Finding the acceleration

$0.4g - T = 0.4a$   
 $T - 0.3g = 0.3a$  (+)

$0.1g = 0.7a$

$a = 1.4 \text{ ms}^{-2}$

**Force on the pulley** =  $T + T$

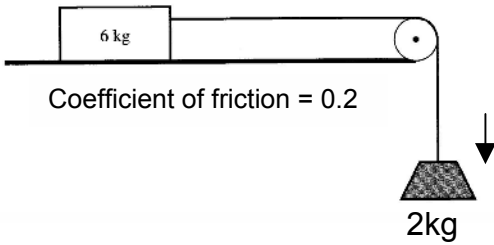


Finding the tension

$a=1.4$   
 substitute into either equation  
 (or both just to check)

$T = 0.3g + 0.3 \times 1.4$   
 $T = 3.36 \text{ N}$

$0.4g - 3.36 = 0.4 \times 1.4$



Finding the acceleration

$$2g - T = 2a$$

$$T - F = 6a$$

Friction = 0.2R  
R = 6g so F = 11.76 N

$$2g - T = 2a$$

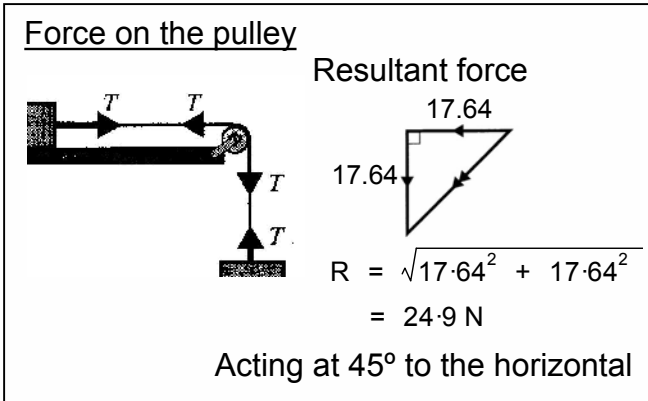
$$T - 11.76 = 6a$$

$$a = 0.98 \text{ ms}^{-2}$$

Finding the Tension

$$T = 11.76 + 6a$$

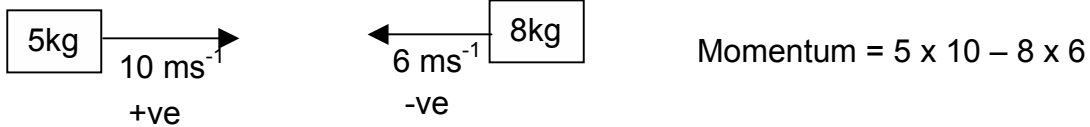
$$= 17.64 \text{ N}$$



**Momentum**

- A quantity of motion measured in **Newton Seconds**
- **Momentum = mass x velocity**
- The total momentum of a system remains the same unless an external force is applied - **Conservation of Momentum**

Draw diagrams to show before/after masses and velocities



Example : Particle P of mass 6 kg has velocity  $(4i + 2j)$ . After a collision with another particle, P has velocity  $(2i - 3j)$ . Find the momentum lost by P during the collision

Momentum of P before =  $6(4i + 2j)$   
=  $24i + 12j$

Momentum of P after =  $6(2i - 3j)$   
=  $12i - 18j$

Momentum lost =  $(24i + 12j) - (12i - 18j)$   
=  $12i + 30j$

**Projectiles**

- You cannot just quote formulae – you must show how they are derived

- **Initial Velocity:**  $u = U\cos\theta i + U\sin\theta j$
- **Acceleration :**  $a = -9.8j$
- **Velocity (after t s) :**  $v = (U\cos\theta i + U\sin\theta j) - 9.8tj$   
=  $U\cos\theta i + (U\sin\theta - 9.8t)j$

*Max range occurs when angle = 45°*

Particle moving in a **vertical** direction when  $U\cos\theta = 0$

Particle moving in a **horizontal** direction when  $U\sin\theta - 9.8t = 0$



Time when particle reaches **max height**

**Displacement (r) :  $r = ut + \frac{1}{2}at^2$**

$$r = Ut \cos\theta i + (Ut \sin\theta - \frac{1}{2}9.8t^2)j$$

**Horizontal displacement**  
after t seconds

**Height (vertical displacement)**  
after t seconds

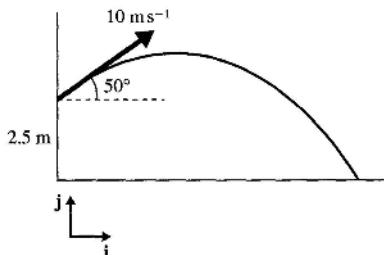
**To find the range**

Height component = 0  
Solve  $Ut \sin\theta - \frac{1}{2}9.8t^2 = 0$   
To find t

Substitute into  
**Range =  $Ut \cos\theta$**

**Example**

A shot putter releases a shot at a height of 2.5 m and with a velocity of  $10\text{ms}^{-1}$  at  $50^\circ$  to the horizontal. Find the distance travelled by the shot.



$$u = 10\cos 50^\circ i + 10\sin 50^\circ j$$

Displacement from the point of projection

$$r = (10\cos 50^\circ i + 10\sin 50^\circ j)t - 4.9t^2 j$$

Displacement from the origin

$$r = 10t\cos 50^\circ i + (2.5 + 10\sin 50^\circ t - 4.9t^2)j$$

**Height above ground (j component)**

So shot hits ground when

$$2.5 + 10\sin 50^\circ t - 4.9t^2 = 0$$

$$4.9t^2 - 7.66t - 2.5 = 0$$

$$t = -2.77 \text{ or } t = 1.84$$

**Horizontal distance** from origin  
when  $t = 1.84$  (i component)

$$\begin{aligned} \text{Distance} &= 10 \times 1.84 \times \cos 50^\circ \\ &= 11.8 \text{ m} \end{aligned}$$



## Modelling Assumptions

### Common Terms and Meanings

Term	Applies to	What is disregarded
Inextensible	Strings, rods	Stretching
Thin	Strings, rods	Diameter, thickness
Light	Strings, springs, rods	Mass
Particle	Object of negligible size	Rotational motion, size
Rigid	Rods	Bending
Small	Object of negligible size	Rotational motion
Smooth	Surfaces, pulleys	Friction

### Assumptions made

- motion takes place in a straight line -
- acceleration is constant
- air resistance can be ignored
- objects are modelled as masses concentrated at a single point (no rotation)
- $g$  is assumed to be  $9.8\text{ m s}^{-2}$  everywhere at or near the Earth's surface